



# CELEBRATING MENTAL HEALTH DAY

IN COLLABORATION WITH VARDAN INSTITUTE OF ALTERNATIVE MEDICINE AND  
HEALING SCIENCES, MEERUT &  
IQAC, DEPT. OF PSYCHOLOGY, POLITICAL SCIENCE,  
INSTITUTION'S INNOVATION COUNCIL, NSS, SIFPSA & STUDENTS' WELFARE  
ASSOCIATION



## AVADH GIRLS' DEGREE COLLEGE UNIVERSITY OF LUCKNOW

Cordially invites you to an introductory  
induction programme on

## EMERGENCY HANDLING WITH ACUPRESSURE



Prof. Bina Rai  
Principal

Avadh Girls' Degree College



Dr. Pallavi Rastogi  
Asst. Professor

Academy of Naturopathy

Date: 10th October, 2023 Time: 12:20 p.m. onwards

Venue : College Auditorium