



# NATIONAL CADET CORPS 19 UP GIRLS BN NCC AVADH GIRLS' DEGREE COLLEGE, LUCKNOW

## **ANNUAL REPORT, 2021-22**

The Cadets of Avadh Girls' Degree College were all enthusiastic and motivated towards bringing a change by conducting a plethora of activities throughout the session 2021-22. The Activities ranged from a variety of social, cultural, creative, and physical programs. Every Cadet participated enthusiastically in all activities directed towards a cause.

The NCC organizes a wide variety of activities towards specific topics like Road Safety, Clean Ganga, Clean Environment, Gandhi Jayanti, Republic Day, Independence Day, etc. Besides these, the Cadets also actively participated in the NCC Theory and Drill Classes, that are conducted for them frequently throughout the session. The classes cover various aspects of NCC, like, Drill basics, Special Subjects like FC/BC, Weapon Training, Personality Development, Map Reading, etc.

Although, the early phase of the session was marked by Covid -19 Lockdown, but even such odd situations didn't stop the cadets from making a difference around them, and never stopped their learning process throughout. Despite all odds, they conducted several online, as well a few offline activities to help people and contribute their little during harsh situations like the pandemic.

A Combination of NCC Classes, various social, cultural, physical and awareness activities, and NCC Camps proved to be major motivation and a catalyst of change for the Cadets. They managed to receive an holistic development, despite the tough situations due to Lockdown in early phase of the session. As the session proceeded towards the end, the Cadets had acquired various skills like Leadership, Creating Art to aware people, Making their own place in tough competitions, learnt to stand out from the crowd, confidence, enhanced public speaking skills, improved skills on cultural front, increased representation in Drill oriented Camps like LRD, and many more such positive impacts were observed on cadets by all activities conducted throughout the session 2021-22.

# **PARTICIPATION OF CADETS IN PROGRAMS -**

#### **World Environment Day**

On 5th June, 2021, on the occasion of World Environment Day, with the theme of Each One, Plant One. 85 cadets actively participated in the activity of planting trees in their localities, and making posters to create awareness about the need to plant more trees.





#### **Food Donation Drive**

Realizing the impact of COVID-19 Pandemic Lockdown on the poor people and their need for food, 25 Cadets engaged in a Food Donation Drive, with an NGO, Pranvi Foundation. They donated 200 Packets of Food, near Hanuman Setu in Lucknow, on 8th June, 2021.





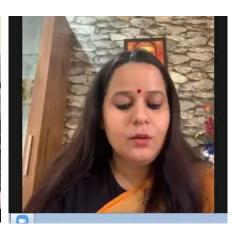
#### **Lecture Series on Occasion of International Yoga Day**

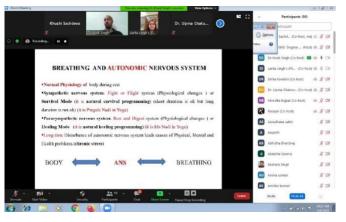
International Yoga Day gained a lot of importance especially during the Lockdown, when people needed some physical activity like Yoga, to keep their bodies active. Understanding this need, a 4 week Lecture Series was organized by NCC, to create awareness about various aspects of Yoga and its importance in our daily life. The Cadets actively participated in all the lectures conducted on 8th June, 15th June, 21st June, and 29th June, 2021. The Lectures brought together people from across the globe, on the online platform to help the cadets seek the best knowledge. They were taken over by Dr. Vivek Singh (Asst. Prof., Department of Physical Education, Shri Murli Manohar Town PG College, Ballion, UP), Prof. Archana Chahal (Head, Department of Physical Education, University of Allahabad, Prayagraj, UP), Dr. Rakesh Tomar (Dubai), & Mr. Mohit Singh Rathore (Founder, Wellness Power Yoga). 100 Cadets actively attended all lectures.

On the occasion of 7th International Yoga Day, an online session on Yoga was also conducted on 21st June, 2021. The session was taken over by Ms. Amrita Gupta (Founder, Yogaami), who made everyone aware about the various Yoga Poses, and their impact on overall health of an individual.











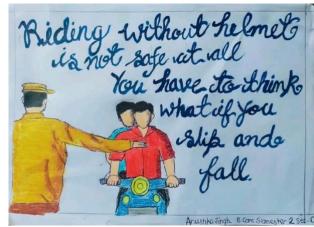
#### Sadak Suraksha Saptah

Every Year around 1.5 Lakh People across India, lose their lives to Road Accidents and in this case the Youth can be the best means to translate the importance of Road Safety to the public around us. And NCC being the largest uniform youth organization, always takes an advantage of this, and uses it as the best means to create positive changes in the Society. Following the same path, 85 Cadets of AGDC also used this opportunity, and

carried out various activities like Slogan Writing Competition, Poster Making Competition, Awareness Rally, Digital Collage Making Competition and Quiz Competition on Road Safety from 22nd to 28th July, 2021.







#### Webinar on Kargil Vijay Diwas

In the Memory of Kargil War Victory, 1999, the NCC Lucknow Group organized a Webinar on 26th July, 2021, in which Battalions like 67UP, 64UP, 63UP, 20UP(G), 19UP(G), 66UP, 26UP and 5UP Air, participated enthusiastically. **Sgt. Khushì Sachdeva, and Cdt. Yamini Palariya participated in the Quiz Competition**. While, self written poem was presented by **Sgt. Disha Kewlani**, which **won the 1st Place in the Poetry Competition** and the efforts were recognized by Newspapers like Dainik Jagran and Navbharat Times.



Webinar on Kargil Vijay Diwas

#### **Quiz on Independence Day**

The Gallantry Awards Portal is the foremost spirit of our brave hearts, our Martyred Soldiers, and on the occasion of Independence day, a quiz was organized on the www.mygov.in website on 1st Aug, 2021. 78

Cadets actively participated in the quiz.

#### **Blood Donation**

Knowing the importance of increasing importance of blood especially at times of pandemic, and frequent other accidents which need blood, 20 cadets engaged in donating blood, on 2nd Aug, 2021, under the guidance of our ANO. It was important to motivate the maximum youth to be prepared to donate blood in emergency situations and this initiative definitely acted as a catalyst of motivation for many.

#### Webinar on Role of National Integration in Nation Building

On 14th Aug, 2021, a webinar was organized by NCC to make the cadets aware about the importance of National Integration, especially in today's time, where the entire nation is seen struggling with issues of fragmentation by religion, caste, creed or colour of individuals. In such times, its important to make the youth aware about the benefits of National Integration for the safety, security and further growth of the country. The webinar was taken over by **Lt. Swati Nigam**, on the occasion of 75th Independence Day and celebrate the Azadi ka Amrit Mahotsav, the best occasion to pick such a topic. 85 Cadets attended the webinar.







#### Fit India Freedom Run 2.0

Celebrating Azadi ka Amrit Mahotsav, 19 UP (G) BN NCC, conducted a Fit India Freedom Run 2.0, under the guidance of **Commanding Officer, Col. Dinesh Kanojia**. It was carried out to create awareness regarding the need for fitness and good health, especially in times of pandemic when people were not moving out of their homes. It was conducted on 13th Aug, 2021. 75 Cadets came forward for this activity.





# **Independence Day Celebrations**

Independence Day is a great day of significance for the entire Country and each year this day is celebrated with great enthusiasm in the College, led by the Principal. The Flag of India is hoisted by the Principal, followed by NCC & NSS Songs, and other patriotic songs. The celebrations concluded with the National Anthem, followed by a march of cadets outside the college, spreading the joy of Independence Day by singing various patriotic songs. The celebrations are carried out with great fervour each year.





#### **CATC 'C' Certificate Camp**

Each Session the Combined Annual Training Camps are conducted for the cadets to give them an overall learning experience in NCC, through various drill classes, theory classes on NCC Special and Common Subjects, Competitions like Cultural Dance, Singing, Acts, Extempore and Debates. The Camp was conducted from 11th to 18th Sep, 2021, at Government Girls' Inter College, Lucknow. During the Camp, **Kalpana Dhami and Apanshula Upadhyay won Bronze Medal and Disha Kewlani won Silver Medal, in competitions like Debate and Extempore.** The Camp proved to be an opportunity of holistic development, enhancing our Public Speaking Skills, Confidence, Leadership, etc. 48 Cadets attended the camp, which included 7 Cadets of B Certificate.

Under the CATC Camp, the Cadets were also sent for firing to the Arjunganj Range, where they showcased their marvellous shooting skills, followed by exemplary performance by our ANO, who shot all 10 Bullets on Target, an sourced us with great motivation.





# **NCC Classes in College**

The NCC Theory as well as Drill Classes commenced in the College from 18th Aug, 2021. The Classes were conducted on various topics like NCC Introduction, NCC Organisation, Military History, FC/BC, Weapon Training, Map Reading, Drill, Personality Development, Leadership, and Communication. The classes were also marked by small activities like Extempore speaking on various topics, awareness about SSB Procedures, and basic training for SSB carried out.







#### **New Batch Enrolment**

On 27th Sep, 2021, the new batch Enrolment procedure was carried out to select Cadets from the 1st Year College Students. There were 54 Students who came forward for the selections. In the first stage they showcased their talents in various cultural, sports, creative and general knowledge spheres. The second stage consisted of their physical testing, comprising of pushups, sit-ups, and sprint. Lastly, their heights were recorded, with minimum set at 152cm. Following this rigorous procedure, and being judged on various parameters of cultural skills, creative skills, physical strength and overall performance, 21 Cadets were finally enrolled to the New Batch of NCC 2021-24.

#### **SSB Cycle Rally**

Celebrating Azadi ka Amrit Mahotsav, the Sahastra Seema Bal Cycle Rally was organized to increase awareness about use of cycles in today's time of increasing pollution. 55 Cadets from AGDC participated in this activity on 21st Sep, 2021. The rally flagged of from CM Residence, with CM Yogi Adityanath's Note and went through several places in Lucknow.





# Rank Ceremony 2021

Each Year a new set of Cadets is given Ranks, based on their overall performance in camps, leadership skills, management skills and their ability to carry out various duties in NCC. The Rank Ceremony 2021 was conducted on 12th Oct, 2021, where 18 Cadets were given Ranks by Group Commander, Brig. Ravi Kapoor, Commanding Officer Col. Dinesh Kanaujia, Adm. Officer Maj. Geeta Srivastava, Principal Dr. U. Chaturvedi & ANO Lt. (Dr.) Sarita Singh. The ranks assigned were as follows- Senior Under Officer Khushi Sachdeva, Under Officer Kalpana Dhami, Under Officer Disha Kewlani, Sergeant Jhilmil Baranwal, Sergeant Kavya Singh Sengar, Sergeant Mansi, Sergeant Aanchal Chaubey, Sergeant Kanishka Singh, Sergeant Astha Pandey, Corporal Swastika Yadav, Corporal Rashika Toppo, Corporal Kamini Kanaujiya, Corporal Apanshula Upadhayay, Corporal Richa Singh, Lance Corporal Anjali Rai, Lance Corporal Shraddha Yadav, Lance Corporal Yamini Palariya, Lance Corporal Shakshi Yadav and LCPL Anushka Singh.







# Ek Bharat Shreshtha Bharat Camp 2021

The Ek Bharat Shreshtha Bharat Camp is conducted each year by different Directorates to create awareness about the strength of One Nation, Unity in Diversity, etc. It was conducted from 20th to 25th Oct, 2021, with the host Directorate being UP, and Guest Directorate being Maharashtra Directorate. 3 Cadets, **Sgt. Kanishka Singh, LCPL. Anushka Singh and LCPL. Anjali Rai** were selected for EBSB Camp from our college and actively participated throughout the camp.



#### **CATC B Certificate Camp**

The Combined Annual Training Camp for B Certificate Cadets was conducted from 25th Oct to 31st Oct, 2021. The camp was conducted at Sanskrit Kanya Pathshala, Lucknow. The camp was marked by Drill Classes, several NCC Theory Classes on Special and Common Subjects. There were competitions like Debate, Group Dance, Speech Competition, BHM and CHM Competition, followed by Firing Practice at 41 Brigade Short Range. LCPL. Shakshi Yadav won 1st Place in Speech Competition, LCPL Anjali Rai & LCPL Shraddha Yadav participated in Guard of Honour. Sgt. Kanishka Singh was awarded with Medal and Certificate and was the CHM of the Camp. The camp provided the cadets an overall grooming, instilled spirit of unity, discipline and leadership in the cadets. 28 Cadets attended camp actively.





#### One Week Workshop on Mission Shakti 3.0

A week long workshop was organized by the National Cadet Corps and Mahila Shakti Prakoshth from 25th Oct to 01st Nov, 2021 to spread awareness under Mission Shakti. 85 cadets came forward and participated actively in all activities. On the first day, two events, Poster Making Competition and Poem Recitation were organized. There was enthusiastic participation in both the events. The other events were Nukkad Natak Presentation in Hazratganj, distribution of small hampers and sanitary napkins to Orphan Girls in Motinagar Orphanage, followed by a Self Defence Training. The concluding of the workshop was marked by a lecture by Dr. Kiran Lata Dangwal on Modern Women: Psycho-Social Issues and prize distribution. The workshop made the cadets aware about the Women Rights, self defense strategies, safety practices and overall confidence building so that they can not only protect themselves but also be instrumental in the safety of other Women, whenever they see someone in need. The Cadets became more vigilant, confident and stronger to ensure their safety as well as of others.







#### NCC Day, 2021

Each year NCC Day is celebrated on the 4th Sunday of November, to celebrate the formation of NCC, through various events depicting the culture of India, importance of National Integration and the glorious past of Freedom of India. This Year it was celebrated on 28th Nov, 2021 and Cadets from all the Battalions in Lucknow came forward for their participation. From AGDC, CPL. Apanshula Upadhyay, LCPL.Yamini Palariya, CDT.

Shreya Srivastava, CDT. Shrishti Upadhyay, CDT. Divya Singh, CDT. Priyanka Kanyal, Sgt. Kanishka Singh, CPL. Swastika Yadav, CDT. Kanika Shukla, CDT. Ritika Singh and LCPL. Anushka Singh were selected for the Cultural Performances. On the other hand, LCPL. Anjali Rai, LCPL. Shraddha Yadav, Sgt. Aanchal Chaubey, CDT. Aastha Tiwari, CDT. Rimjhim, and CDT. Manju were selected for Guard of Honour and Piloting. The event saw the presence great dignitaries including ADG, UP Directorate, Maj. Gen. Rakesh Rana, Group Commander, Lucknow, Brig. Ravi Kapoor, Commanding Officer, 19 UP G BN NCC, Col. Dinesh Kanojia, and Adm. Officer Maj. Geeta Srivastava.





#### Homage to CDS Gen. Bipin Rawat

Gen. Bipin Rawat was a 4 star General of the Indian Army and served as the 1st Chief of Defence Staff from 2020. He with his wife and other crew of Indian Air Force was traveling in IAF Mig MI-17 Helicopter, from Sulur Air Force Base to Defence Services Staff College, around Noon Time, where on the way the Helicopter encountered a crash and we lost our Chief. 72 cadets lightened candles at their homes to pay Homage to CDS Gen. Bipin Rawat and all Braveheart we lost to the helicopter crash on 12th Dec, 2021.



### Azadi ka Amrit Mahotsav: Weapon Display by the Indian Army

Celebrating the Azadi ka Amrit Mahotsav, in Lucknow University, on 18th Dec, 2021, an event was organized on this occasion, which included a display of arms and ammunition by the Indian Army. It was attended by LCPL. Shraddha Yadav and LCPL. Yamini Palariya from AGDC. This event filled the cadets with spirits of great patriotism and love for the Nation.





# Azadi ka Amrit Mahotsav: Formation of Human Chain for Spreading Awareness on Yoga and Sports

Continuing with the celebrations of Azadi ka Amrit Mahotsav, another event was organized in KD Singh Babu Stadium, on 22nd December, 2021, to spread awareness about importance of Yoga and Sports among the Youth. The Event was Organized by the UP Government under the guidance of CM Yogi Adityanath. A total of 55 Cadets from AGDC attended these events.





# Virtual Programme on Surya Namaskar

To mark the holy occasion of Makar Sankranti, as per the directives of Ministry of AYUSH, a virtual program on Surya Namaskar was organized by Cadets on 14th Jan, 2022. The topic of the Program was 'Surya Namaskar for Vitality', and was organized under Azadi ka Amrit Mahotsav. The cadets showcased the Importance of Surya Namaskar through the 12 steps of it. It instilled in the cadets a spirit to carry out yoga on a regular basis for better health. 68 Cadets actively participated in this activity.





#### Republic Day Celebrations, 2022

26<sup>th</sup> January, 1950, was a Red Letter Day in the History of India, as it was on this day that India adopted its own Constitution. Since then each year, this day is celebrated across the country with great fervour and enthusiasm. The Celebrations at AGDC are also carried out with great pride, with the Cadets marching smartly, followed by the NCC Song and other patriotic songs. This year, the celebrations also saw a Food Donation Drive carried out by the Cadets, to spread the feelings of oneness to all. A total of 30 Cadets were involved in this event.





#### **Local Republic Day Camp 2022**

Local Republic Day Camp, is where the NCC Cadets take part in the Parade of Republic Day in Lucknow. The entire Contingent Marches through the streets of the city. This year a total of 8 of our cadets made way to LRD Camp, 2022- Sgt. Aanchal Chaubey, CPL. Kaamini Kanaujia, LCPL. Anushka Singh, LCPL. Shraddha Yadav, LCPL. Yamini Palariya, Cdt. Anshi Tiwari & Cdt. Priyanka Kanyal. Making their places as right markers and marching with pride, they brought great appreciation for themselves as well as for the college.





#### NCC Felicitation and Investiture Ceremony of RDC Contingent 2022

Each Year a Felicitation Ceremony is conducted at Raj Bhavan to recognize the efforts of UP Directorate Cadets at Republic Day Camp at Delhi. This year it was held at St. Fidelis, Lucknow. Several of our Cadets made their place in the Cultural Programs and Piloting in the event. SUO Khushi Sachdeva, UO Disha Kewlani, CPL.

Swastika Yadav, Cdt. Divya Singh, and Cdt. Ritika Singh were a part of the Cultural team. While Sgt. Aanchal Chaubey and Cdt. Shreya Srivastava were in Piloting and Ushering respectively. It was indeed an honour for the Cadets to perform in front of Respected Dignitaries like ADG, UP Directorate, Maj. Gen. Rakesh Rana, Group Commander, Brig. Ravi Kapoor, and Commanding Officer, 19 UP G BN NCC, Col. Dinesh Kanaujia and many other esteemed Officers of Indian Army.





# **B Certificate Examination, 2022**

The B Certificate Examination was conducted on 6th February, 2022 at Gurunanak Girl's Inter College, Lucknow. In order to test the cadets for the knowledge in NCC Special and Common Subjects and award them later with their Certificates for clearing the examination with Grades like A,B,C. All the 28 Cadets of B

Certificate appeared for the Examination.

#### **Chauri Chaura Centennial Celebration**





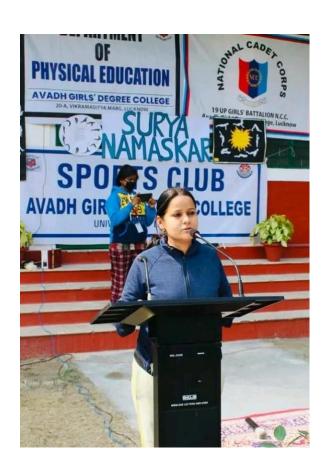
On the occasion of 100 Years of Chauri Chaura Incident, several activities by all the Clubs and NCC of the College was conducted throughout the year, and the commencement of the same took place on 7th Feb, 2022. On this Occasion, SUO Khushi Sachdeva, UO Disha Kewlani, CPL. Swastika Yadav, Cdt. Divya Singh and Cdt. Priyanka Kanyal performed a patriotic dance and a Poem was recited by Cdt. Shivangi Trivedi.

#### Surya Namaskar

On 8th February, 2022, NCC with Department of Physical Education & Sports Club of the college organized a Surya Namaskar Session for the Students and Cadets of the college to make everyone learn the procedure of Surya Namaskar, its benefits and need for better health. 103 Students and Cadets along with 39 Faculty and Staff enthusiastically attended this session on Surya Namaskar. UO Kalpana Dhami along with Cdt. Divya Singh, demonstrated the steps of Surya Namaskar while ANO, Lt. (Dr.) Sarita Singh narrated the importance of Surya Namaskar on the holistic development of an individual.







# **Awareness Rally on Voting**

An awareness rally organized by Dainik Jagran, and taken forward by NCC along with Department of Physical Education, was taken from KD Singh Babu Stadium to GPO, Hazratganj. There were 30 cadets from AGDC who motivated everyone on the need and importance for everyone to cast their vote. The activity took place on 16th Feb, 2022.





# **Times Now "Chaupal"**

A Times Now "Chaupal" Activity was conducted by Times Now in the College in regard of the ongoing Elections in UP. **Sgt. Kanishka Singh and LCPL Shakshi Yadav** participated in the activity and presented their views regarding the importance of voting.

#### NCC 'C' Certificate Examination

The NCC C Certificate Examination, 2022 was conducted on 6th March, 22, at LPS, South City. An Examination to test the knowledge acquired by the Cadets in their 3 Years of Service. All 41 Cadets of C Certificate appeared for the Examination.



#### **Shaheedon ko Shat Shat Naman**

An activity was conducted by 19 UP GIRLS BN NCC, on 4th April, 2022, where 25 cadets of AGDC went to the places of Martyred Soldiers in Lucknow to Felicitate their families and pay respect and recognize their great sacrifice for the Nation.







# **IPEV Drive by 5 UP Air NCC**

An event for making the cadets aware about the procedure and selections in the Indian Air Force was conducted by 5 UP Air at Sainik School, Lucknow on 5th April, 2022. The event was attended by LCPL. Anushka Singh, LCPL. Yamini Palariya, Cdt. Shrishti Upadhyay, Cdt. Anshi Tiwari and Cdt. Garima Dubey, from AGDC. The cadets gained a lot of information and insight with regard to Indian Air Force and were greatly motivated to join it.





# 4<sup>th</sup> Road Safety Awareness Week: Poster Making Competition

On 27th April, 2022, the NCC organized a Poster making competition on Road Safety Awareness. There was active participation by 25 Cadets and College students in the competition. The posters creatively expressed the measures needed for road safety, and the importance of following road safety rules.





#### **Gomti River Cleaning under Puneet Sagar Abhiyan**

On 10th June 2022, 19 UP Girls Battalion NCC of Avadh Girls Degree College participated in Gomti river cleaning campaign under Puneet Sagar Abhiyan under the leadership of Col Dinesh Kanojia, Commanding Officer, 19 UP Girls BN NCC Lucknow. Cadets cleaned Shanti Vatika on the banks of river Gomti. The cadets also collected plastic bottles and other waste material from the river and removed weeds that had grown on the banks. Fifteen cadets including LCPL Anushka Singh, LCPL Yamini Palaria, Cadet Sneha Kesarwani, Srishti Upadhyay, Kanika Shukla, Sahaj Sharma, Sneha Dhuria, Saloni Yadav, Shweta Chauhan, Shivani Chaturvedi, Rimjhim Trivedi, Tanisha Singh, and Goldie Yadav actively participated in this program.





4<sup>th</sup> Road Safety Awareness Week: Road Safety Awareness Rally

NCC of Avadh Girls' Degree College organized 'Road Safety Awareness Rally' on 11th June 2022 under Road Safety Campaign. The rally flagged off from Avadh Girls Degree College to Vikramaditya intersection. The cadets very skilfully and enthusiastically explained to the passers-by the importance of following traffic rules,

wearing helmets or fastening seat belts while driving. Under Officer Kalpana Dhami and Sergeant Kavya Singh Sengar led the awareness campaign. 21 cadets including Rimjhim, Anushka, Yamini, Goldie, Ruby, Sneha, Anuradha, Sonam, Varnika, Anshika, Sneha Singh, Vaishnavi, Kajal, Aanchal, Archana Yadav, Iqra, Priya and Varsha enthusiastically participated in the rally.





Overall it was a Year that was marked by a great learning experience for all the Cadets, and all the efforts of the Cadets would have been futile without the able guidance of our ANO, LT. (DR.) SARITA SINGH, who never left any stone unturned to give us the best opportunities and knowledge in all areas. The Cadets came out of the Session as more aware, responsible, disciplined, united, confident, focused and motivated towards making a difference around them. As they move towards another year, it is certain that they will be performing in a much better manner as compared to their previous year, and will keep improving their work with each day.

Khushi Sachdeva
 (Senior Under Officer)