

Avadh Girls' Degree College

20-A, Vikramaditya Marg, Lucknow

Nazrana-e-Avadh

15th – 18th January 2015

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NAZRANA-E-AVADH

15th – 18th January 2015

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SPORTS MEET

15th & 16th January 2015

The Sports Activities are as follows:

- 1. Basket Ball**
- 2. Shot-put**
- 3. Kho-Kho (only for girls)**
- 4. Chess**
- 5. Table Tennis**

The above events are open for both boys and girls (except Kho-Kho).

Moreover, a number of "On the Spot Events" like Tug of War would be added attractions in the event.

These Sports Activities incorporates the spirit of sportsmanship. This Sports Meet will provide a common platform for student athletes from the various colleges to compete together in the spirit of camaraderie and bonhomie.

Your college is cordially invited to participate in these Sports Events.

*We request you to kindly inform us as to which events your college would be participating in our sports activities along with the names of the participants by e-mailing us at **agdc1975@yahoo.co.in latest by 8th January, 2015.***

We can confirm your participation only when we receive the above information.

We look forward to your participation.

For any query regarding any activity, you may contact us at the following number- 9919091846 (office: 9:00 a.m. to 2:00 p.m.)

SPORTS MEET

15th & 16th January 2015

GENERAL CODE OF CONDUCT

All the colleges participating in the sports activities must abide by the following rules and regulations-

1. *All the participants have to carry their College Identity Cards and the Sports Events Identity Cards which will be issued to them at the time of registration.*
2. *Each Team must have a team leader. He/she will be responsible for the team.*
3. *The team leader must bring the letter of authorization from the institute/ college containing the name of the participants.*
4. *The participants must collect their trophies and certificates on the day of the Prize Distribution Ceremony itself.*
5. *Avadh Girls' Degree College will not bear any responsibility for the loss or theft of any of the belongings of the participants. All the participants are requested to kindly take care of their valuables during the meet.*
6. *Proper decorum should be maintained. Any kind of indiscipline shall not be entertained. Anybody found violating the rules, shall be disqualified.*
7. *Teams must report 30 minutes in advance before the start of their event.*
8. *Participants should be in their proper kits according to their sport.*
9. ***There should be 1 team per college for Basketball (10 participants).***
10. ***Shot-put: One participant from each College.***
11. ***There should be 1 team per college for Kho-Kho (12 participants) .***
The dimension of Kho-Kho field is 29mt (length) and 10 mt(width)
12. ***Chess – 1 participant per college.***
13. ***Table Tennis- 2 participants per college (for singles and double matches).***
14. ***Reporting Time for all the team as per their events-***
 - a) *Forenoon: 8:30am - 9:00 am.*
 - b) *Afternoon: 12:00 noon- 12:30 pm.*
15. ***There is a “Best Team Award” for the team which scores the highest points in all the sports events.***

SPORTS MEET

15th & 16th January 2015

Terms and Conditions for the participants

1. *All the rules and regulations of the game should be adhered to.*
2. *Proper conduct by the participants should be maintained.*
3. *If there is any change in the team it should be told at least 25 minutes before the start of the event.*
4. *In case of any disputes, the decision of the referees/umpires and the game coordinators shall be final.*
5. *In case of any other problem the team or the participant may report to the council or the team of the sports events.*

For registration of all the sports events please send in a mail at
agdc1975@yahoo.co.in

For more details contact

9919091846 (office: - 9:00 am - 3:00 p.m.)

Nazrana-e-Avadh

17th & 18th January 2015

GENERAL RULES AND REGULATIONS

1. Participating teams must register themselves online, on the e-mail ID agdc1975@yahoo.co.in by 10th January, 2015.
2. There will be only one team from each participating Institute / College.
3. The team must bring a letter of authorization and Identity card from its institute containing the name of the participants.
4. Each team must have a designated team leader. He/she shall be responsible for his/her team members.
5. All members must carry their Identity cards issued by the host college.

Rules for the Participants:

1. They must be decently dressed for all occasions.
2. They must report 30 minutes in advance before the start of their event.
3. They must make use of decent expressions, gestures, language at all times. The events for music must ensure that the pieces chosen are devoid of any ambiguity and obscenity.
4. Only the first eight entries, for on stage events, will be entertained.
5. The decision of the judges in all events will be final and binding.
6. Disregard shown to any of the above rules shall lead to the disqualification of the entire team from the particular event.

The participants must collect their trophies and certificates on the day of the Prize distribution ceremony itself.

Rules for the Events

1. FOLK ART (RANGOLI MAKING COMPETITION)

- Maximum **3 participants** in a team from each college or institution.
- **1 team** per college.
- Use of grains and flowers would lead to disqualification.
- Time limit is 45 minutes.
- **Theme : BEING INDIAN**
- Teams are supposed to bring their own material.
- Judges decision will be final and binding.
- Judgement criteria :
 - Neatness
 - Creativity
 - Colour Scheme
- Last minute changes in the above rules, if necessary, can be made by the judges.

2. MASQUERADE ART (MASK MAKING COMPETITION)

- Only **1 participant** from each college or institution.
- Mask has to be made on the spot.
- Time limit: 45 minutes.
- **Theme** for the mask is **“FAIRYTALE”**.
- Participants have to get their own material.
- Participants shall use cardboards and chart papers for making the mask and any other material as per the requirement.

- Use of stencils is not allowed.
- Judgement criteria:
 - Design
 - Creativity
 - Presentation
 - Neatness
- Last minute changes in the above rules, if necessary, can be made by the judge/judges
- The decision of the judge shall be final and binding.
- Non-compliance of any of the above rules shall lead to disqualification.

3. APPAREL PITTURA (T-SHIRT PAINTING COMPETITION)

- Only 1 team per college/ institution is allowed to participate.
- Number of participants in a team - **2**
- T – Shirt has to be painted on the spot.
- Time limit – 45 minutes
- Participants have to get their own material.
- Materials to be used:
 - i) Plain T-Shirt (any colour)
 - ii) Material for painting, as per requirements.
- **Theme: Life and its colours.**
- Any team which does not follow the above rules will be disqualified.
- Judging criteria:
 - Colour Scheme
 - Creativity
 - Thought
 - Neatness
- Last minute changes in the above rules, if necessary, can be made by judge/judges.
- The decision of the judges will be final and binding.

4. JAM

- **1 participant** per college or institution.
- Each participant will randomly pick a topic and immediately start speaking on it. No thinking time will be given to the speaker.
- The participant would speak only for one minute on the whole on a particular topic.
- The fellow participants can JAM (interrupt) the speaker as soon as the speaker makes an error.
- The participants can JAM on the following grounds:
 - Stammering
 - Unnecessary pausing
 - Repetition of thoughts and sentences
 - Grammatical errors
 - Deviation from the topic
 - Usage of slang or any kind of offensive language
- The participant who JAMs first will point the error and if the moderator finds the error valid, the participant who JAMs will continue speaking on the same topic.
- Scoring will be as follows:
 - +1 for every valid jamming
 - 1 for invalid jamming
 - + 5 for the participant who speaks continuously without being jammed for 30 seconds
 - +20 for the participants who speaks continuously for a minute.
- The Moderator's decision shall be final and binding.
- Last minute changes in the above rules, if necessary, can be made by the judge/judges.

5. DIALECTIC BRAINS (DEBATE COMPETITION)

- Maximum **1 team** can participate from each college/university. Each team will consist of 2 participants (1 'for' the motion and 1 'against' the motion)

- **Topic: Consolidation of regional parties will strengthen the Indian Federal Structure.**
- Use of both Hindi and English language is permissible but the participants shall stick only to 1 language (i.e. either Hindi or English).
- The time limit is 3 + 1 minutes.
- A warning bell will be rung after 2 minutes 30 seconds, after which the participants are expected to conclude their speech.
- Any use of slang or offensive language shall not be acceptable.
- Occasional references to any written matter are permissible, but direct looking into the paper will lead to negative marking.
- REFUTATION will be allowed only for 1 minute.
No cross questions will be allowed during refutation.
Any participant receiving no refutation will get full 10 marks.
- The participants will be marked on the following basis:
 - Content
 - Diction
 - Clarity of thought
 - Presentation
 - Refutation
- Last minute changes in the above rules can be made by the judge/judges, if necessary.

6. COMMERCIAL MADNESS (AD-MAD)

- Only **1 team** per college is allowed to participate. Number of participants in each team should be between 3 and 5.
- Product for first round will be given beforehand and will be same for all teams. Time limit for first round is 3 minutes for each team.
- The product for the second round will be given on the spot. 5 minutes will be allotted for preparation and 3 minutes for performance.
- Use of either English or Hindi is allowed.

- Use of any kind of slang or offensive language shall amount to negative marking or disqualification as per the judge(s)' discretion.
- Teams will be judged on:
 - Originality of ideas
 - Acting skills
 - Presentation
 - Dialogue delivery

7. STAGE-CRAFT (SKIT COMPETITION)

- Only **1 team** per college or institution is allowed to participate.
- Maximum number of participants per team is 7 and minimum 3.
- Maximum time is 10 minutes. (5 minutes extra will be given for stage setting/removal of props).
- No use of slang or otherwise offensive language is allowed. Negative marking will be done or the participants will be disqualified as per the judge(s)' discretion.
- Participants will be judged on:
 - Choice of script
 - Acting skills
 - Stage setting
 - Costume and make-up
- Each team should get their own props. (Prior information has to be given by the teams to the college, if any, basic furniture is required.)
- Last minute changes in the above rules can be made by the judge/judges, if necessary.
- Judge(s)' decision will be final and binding

8. RHYTHM DIVINE (SOLO SINGING)

- Only **1 participant** is allowed from each college/institutions.
- Time limit minimum – 2 minutes and maximum – 4 minutes.

- **Karaoke** is allowed. The participant can either bring along an **accompaniment** as per his/her preference.
- Judges decision will be final and binding.
- Last minute changes in the above rules, if necessary can be made by the judges.
- Judgement criteria:
 - Selection of song
 - Voice quality
 - Sense of Rhythm

9. FOOTSTEPS (SOLO DANCE)

- Only **1** entry is allowed from each college or institution.
- Time limit minimum – 2 minutes, maximum – 5 minutes.
- Usage of props is allowed.
- Participants must submit their song in a pen drive or CD at the registration counter on the day of competition during Registration.
- Last minute changes in the above rules, if necessary can be made by the judges.
- Judgement criteria:
 - Props usage
 - Facial expressions
 - Costumes
 - Overall presentation

10. JITTERBUG (GROUP DANCE)

- Only **1 team** per college/institution is allowed to participate.
- Team size: 4 to 8 members.
- **Theme: “Folk with western touch”.**
- Time limit minimum – 6 minutes, maximum – 8 minutes.
- Usage of props is allowed.
- Participants must submit their song in a pen drive or CD at the registration counter on the day of competition during registration.

- Last minute changes in the above rules, if necessary can be made by the judges.
- Judgement criteria:
 - Props usage
 - Synchronization and formation and costumes
 - Innovation and facial expression
 - Overall presentation appropriateness
 - Appropriateness of the theme

11. Tedha Medha Fun (FUN WITH KURKURE)

- Only **1 team** comprising of **2 participants** from a college can participate.
- Time limit: 30 minutes
- The basic ingredient “**kurkure**” will be provided by the organisers.
- Participants are require to bring their own material/ingredients (other than kurkure)
- Any changes in the above rule can be made by judges.
- The participants have to state the ingredients used for preparation of their recipe.
- Judgement criteria:
 - Creativity
 - Presentation
 - Taste/Nutritional value

12. MIXOLOGY (MOCKTAIL MAKING)

- Only **1 team** comprising of **2 participants** from a college can participate.
- Time limit: 30 minutes
- No use of alcohols, only use of soft drinks and juice is allowed.
- Participants are required to bring their own materials/ingredients.
- Any change in the above rules can be made at the discretion of the judges.
- The participants have to state the ingredients used for preparation of their drink.
- Judgement criteria:
 - Creativity
 - Presentation
 - Taste/Nutritional value

13. RAVISHING RENDITIONS (THE ELOCUTION COMPETITION)

- Maximum **1 participants** from a college or an institution.
- Medium for elocution is English/Hindi.
- Use of mixed language shall amount to disqualification.
- The time limit is 3 minutes. A bell will be rung at the end of the second minute and then the final bell will be rung at the end of the third minute.
- Negative marking i.e. -1 will be done on exceeding the time limit i.e. 3 minutes.
- The time starts as soon as the contestant starts speaking i.e. introduction is included.
- Participants are not supposed to disclose their name as well as the name of their college.
- The participants are requested to bring **3 copies of their elocution matter.**

- Marks will be allotted on the basis of :
 - Expression
 - Presentation
 - Diction
 - Choice of subject matter
 - Text accuracy

14. Snapshots (Photography Competition)

- Maximum number of Participant from each college is **1**.
- Topic, rules and other judgment criteria will be disclosed on the opening day of Nazrana-e-Avadh.
- 5 pictures have to be clicked on the given topic and they have to be forwarded through mail along with captions to Nazranaeavadh.festagdc@gmail.com
- Images have to be mailed within 24 hours of the declaration of the topic.
- Editing of the images is strictly prohibited.
- Configuration and lens details of the camera are also to be mailed along with the photographs.
- Non-compliance of any of the above rules will lead to disqualification.
- Judges decision will be final and binding.

15. BRAINSTORM (THE QUIZ COMPETITION)

- Only **1 team** per college or an institution is allowed.
- Each team will have **2 participants**.
- All the teams will have to answer within the given time limit i.e. 40 seconds and every passed question will have to be answered in 10 seconds.
- No refutation will be entertained.

- In case of a tie between two or more teams, a tie breaking question will be asked and the team which gives the correct answer first, will be declared the winner.
- Last minute changes in the above rules, if necessary, can be made.
- Quizmaster's decision shall be final and binding.
- **ROUNDS:**
 - Current affairs
 - Literature
 - Science and technology
 - History and geography
 - Sports
 - Audio/visual
- A **Preliminary round** will be conducted to shortlist the final **6 teams** (Details of the same will be sent through mail shortly.)

16. CATCHPHRASE (SLOGAN WRITING COMPETITION)

- 1 participant per college/institution.
- Time limit is 45 minutes.
- Medium should be ENGLISH/HINDI
- Slogan should not be of more than TWO lines.
- Topic will be given on the spot.
- Only a chart paper would be provided other material to be brought by the participants.
- Participants will be judged according to:
 - Originality of idea
 - Language used
 - Topic relevance
 - Spelling and style

17. PHOTOMONTAGE (COLLAGE MAKING)

- Number of team per college is **1**.
- Number of participants per team is **2**.
- Time Limit- 45 minutes.
- Only a chart paper would be provided other materials to be brought by the participants.
- No use of scissors.
- Last minute changes in the above rules, if necessary, can be made by the judges.
- Theme: **STOP TERRORISM, SAVE HUMANITY.**
- Judgment criteria:
 - Creativity
 - Neatness
 - Presentation
 - Relevance to the theme

18. NUKKAD NATAK

- Number of participating team per college will be **1**.
- Number of participants in each team will be –
 - Minimum-6
 - Maximum-12
- Use of **HINDI** and **ENGLISH** is permitted.
- Time of performance-
 - Minimum-5minutes
 - Maximum-15minutes
- Teams must adhere to **dress code** which is **Black** Shirt/T-Shirt/Kurta and Jeans/Black Salwar Suit.
- The **THEME** of NUKKAD NATAK is **“Cyber Crime”**.
- Last minute changes in the above rules can be made, if necessary, by the judges.
- The decision made by the judges shall be final and binding.
- **No Props** are allowed except **DHAPLI** and **BANNER**.
(Negative Marks for use of props other than the above mentioned)
- Judgement criteria:
 - Acting, Presentation, Theme, Dialogue, Relevance to the Topic